

Infant Menu and Production Record

Name(s): _____ Age(s): _____ Breast Milk or Formula: _____



CENTER: _____ Month/Year: _____ Prepared by: _____

Food Components				DATE:	DATE:	DATE:	DATE:	DATE:
Breakfast	0-3 MO	4-7 MO	8-11 MO					
Breast Milk or ¹ Formula	4-6 fl.oz.	4-8 fl.oz.	6-8 fl.oz.					
¹ Cereal		² 0-3 T.	2-4 T.					
Fruit and/or Vegetable			1-4 T.					
Lunch or Supper	0-3 MO	4-7 MO	8-11 MO					
Breast Milk or ¹ Formula	4-6 fl.oz.	4-8 fl.oz.	6-8 fl.oz.					
¹ Cereal <u>or</u> Meat/Poultry, Fish Egg Yolk, Cooked Dry Beans or Peas <u>or</u> Cheese <u>or</u> Cottage Cheese		² 0-3 T.	2-4 T. 1-4 T. ½-2 oz 1-4 oz					
Fruit and/or Vegetable		² 0-3 T.	1-4 T.					
Snack	0-3 MO	4-7 MO	8-11 MO					
Breast Milk or ¹ Formula	4-6 fl.oz.	4-6 fl oz.	³ 2-4 fl.oz.					
² Bread or Bread Alternate Made from whole-grain or enriched meal or flour.			² 0-½ slice bread <u>or</u> 0-2 crackers					

Key: ¹Formula and Cereal must be iron fortified

²Optional Component when infant is developmentally ready to accept

³100% fruit juice is an optional component

Sources: 7CFR 226.20b Infant Meal Pattern

USDA, FNS. Feeding Infants, A Guide for Use in the
Child Nutrition Program. 2001;Team Nutrition. 59 p.

Infant Menu and Production Record

SAMPLE

Name(s): Sally Jones Age(s): 2 months Breast Milk or Formula: Expressed BM and Formula



CENTER: Suzie's Daycare Month/Year: April 2008 Prepared by: Cara Carpenter

Food Components				DATE:	DATE:	DATE:	DATE:	DATE:
Breakfast	0-3 MO	4-7 MO	8-11 MO	7th	8th	9th	10th	11th
Breast Milk or ¹ Formula	4-6 fl.oz.	4-8 fl.oz.	6-8 fl.oz.	5 fl oz. br.milk	5 fl oz. br.milk	5 fl oz. br.milk	5 fl oz. br.milk	5 fl oz. br.milk 2 fl oz form.
¹ Cereal		² 0-3 T.	2-4 T.					
Fruit and/or Vegetable			1-4 T.					
Lunch or Supper	0-3 MO	4-7 MO	8-11 MO					
Breast Milk or ¹ Formula	4-6 fl.oz.	4-8 fl.oz.	6-8 fl.oz.	6 fl oz. form.	6 fl oz. form.	6 fl oz. form.	6 fl oz. form.	6 fl oz. form.
¹ Cereal <u>or</u> Meat/Poultry, Fish Egg Yolk, Cooked Dry Beans or Peas <u>or</u> Cheese <u>or</u> Cottage Cheese		² 0-3 T.	2-4 T. 1-4 T. ½-2 oz 1-4 oz					
Fruit and/or Vegetable		² 0-3 T.	1-4 T.					
Snack	0-3 MO	4-7 MO	8-11 MO					
Breast Milk or ¹ Formula	4-6 fl.oz.	4-6 fl oz.	³ 2-4 fl.oz.	6 fl oz. form.	6 fl oz. form.	6 fl oz form.	6 fl oz. form.	6 fl oz. form.
² Bread or Bread Alternate Made from whole-grain or enriched meal or flour.			² 0-½ slice bread <u>or</u> 0-2 crackers					

Key: ¹Formula and Cereal must be iron fortified

²Optional Component when infant is developmentally ready to accept

³100% fruit juice is an optional component

Sources: 7CFR 226.20b Infant Meal Pattern

USDA, FNS. Feeding Infants, A Guide for Use in the

Child Nutrition Program. 2001;Team Nutrition. 59 I:\CNP\Forms\Food